

**PSU Improvement Plan for  
Social Emotional Learning (SEL) and School Mental Health (SMH)  
(per NC SBOE Policy [SHLT-003](#))**

Note: PSUs whose District MTSS teams have completed the Core SEL Practices course and developed a Core SEL implementation plan around instruction, curriculum, and environment will be well situated to develop a compliant local improvement plan for promoting student health and well-being by September 15, per SHLT-003 requirements.

In addition, it is strongly recommended that a local needs assessment and resource mapping be conducted prior to completing the improvement plan below. Completion of the [SHAPE Quality Assessment](#) and/or use of the [needs assessment](#) and [resource mapping](#) tools on the [NCDPI SEL and Crisis Response Practice Guide](#) will provide the data needed for the targeted improvement planning below.

**PSU Compelling Why & Vision for SEL and School Mental Health Improvement:** Piedmont Community Charter School’s vision for each student is to be successful in academic learning and also develop their social emotional skills. They will have access to appropriate and coordinated school based mental health supports to help them succeed in life.

**CORE SEL and Mental Wellness Supports**

Content	Action Items/Status	Person(s) responsible & Timeline	Helpful Resources
SEL and MH Prevention Strengths & Needs	Needs Assessment / Completed by each campus May, 2021 Resource Mapping / Completed, May 2021 MOA with Support Inc. / Completed May 17, 2021 Professional Development / 6 hours initial training and 2 hour refresher course > agreement with CINC Community Impact NC to purchase School based Mental Health Training Module/ training made available on August 16,2021 Everfi /growth mindset classroom lessons Say Something reporting system is in place	Holly White - Elementary Sheila Richards - Elementary Ernie Bridges - High School Heather Zampogna- ES Counselor Dana Riley - MS Counselor Karen Bunch - HS Counselor Wanda Rauch- HS Counselor Amber Morris - Social Worker Liz Berkebile - EC Jeanne Thompson - nurse Sara Nobles - Nurse Judy Reeves - Nurse Ciara Leisey - Health	<a href="#">FAM-S</a> YRBS (Youth Risk Behavior Survey) Annual School Health Services Report Healthy Active Children report PowerSchool data Say Something App data <a href="#">SHAPE</a> (School Health Assessment and Performance Evaluation) ECATS MTSS Early Warning System data <a href="#">District Report Card</a> data <a href="#">Racial Equity Report Card</a> data



# MULTI-TIERED SYSTEM OF SUPPORT

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		Jeanne Thompson- Health/Safety Coordinator	
Describe existing PSU SEL/ MH prevention initiatives	MTSS practices, character education, growth mindset, bullying prevention and Say Something		
Build/Align Infrastructure	<ul style="list-style-type: none"> <li>● Adopt/implement <a href="#">mental health training program</a> which includes adult SEL and mental wellness</li> <li>● Adopt/implement suicide risk referral protocol (school personnel who work directly with students [teachers, instructional support personnel, principals, and assistant principals; this may also include, in the discretion of the PSU other school employees who work directly with students] in grades 6-12 [required] and K-5 [recommended])</li> <li>● Improve SISP staffing ratios-based on need</li> <li>● Engage relevant stakeholders, including families, students, community providers, and cross-system partners (e.g., county agencies, faith-based organizations, professional associations, etc.), with the goal of building school, family, and community partnerships to strengthen SEL and MH prevention</li> </ul>	<p>School Directors</p> <p>Assistant Directors</p> <p>School counselors</p> <p>2021-2022 School Year</p> <p>2021-2023</p> <p>2021-2023</p>	<p><a href="#">Model Mental Health Training Program</a></p> <p><a href="#">FAM-S</a></p> <p><a href="#">SEL in Homes and Communities</a></p>
Align with Academic Objectives	<p>Growth Mindset</p> <p>Students will demonstrate a resilient attitude and growth mindset, even in the face of adversity and challenges from the classroom curriculum.</p>	<p>2021-2022 School Year</p> <p>White, Woods, Zampogna</p> <p>Rauch, Bunch, Maxon, Huffstetler, Ballard, &amp; Teachers.</p>	<p><a href="#">NC SEL Standards Mapping Documents</a></p> <p><a href="#">Webinar Series Recordings: Integrating SEL into the Content Areas</a></p>



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	<p>Teaching mindfulness will assist students in learning breathing strategies, how to focus on just one thing at a time, and relaxing our bodies. (Just Breathe Activity provided by Rauch).</p> <p>Patriot All-Stars (PBIS) Positive Behavioral Interventions &amp; Supports (Middle School Program) Strategies will be provided for students to regulate their behavior and emotions each quarter, throughout the school year. Student-centered discipline strategies will be fostered by teaching and modeling self-reflection in the school environment.</p> <p>MTSS Interventions</p> <p>Peer Mentor Program</p> <p>Train Staff on SEL Objectives</p> <p>Create page on website for staff to locate resources</p>	<p>2021-2022</p> <p>Rauch, Bunch, &amp; Teachers</p> <p>Richards, Benfield, Crowder</p> <p>Jackie Cansler Angie Long</p> <p>Year Round, Directors</p> <p>Casey Reese, Amber Morris</p>	<p><a href="#">Aligning SEL and Academic Objectives</a></p> <p><a href="#">Aligned SEL Sample Lesson Plan</a></p>
<p>SEL/MH prevention curriculum</p> <p>SEL/MH prevention instruction</p>	<p>Ever-fi - grade level teachers will include character education, mental health awareness, and growth mindset topics</p> <p>Students With a Goal- which will include character education, mental health awareness, and growth mindset topics</p> <p>Health Education- will cover physical, emotional, and mental health.</p>	<p>2021-2022</p> <p>ES - Grade Level Teachers, ES Counselor</p> <p>Middle School- Grade Level Teachers, Dana Crowder, MS Counselor</p> <p>Ciara Leisy, MS Health Instructor</p>	<p><a href="#">Evidence-based Programs Decision Tree</a></p> <p><a href="#">NC Professional Teaching Standard II</a></p> <p><a href="#">CASEL Supportive School/Classroom Environment</a></p>



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<p>SEL/MH prevention environment</p>	<p>Health Education will follow the NCDPI state standards in teaching students how to advocate for the mental and emotional health of self and others. Students will learn and adopt behaviors which will also maintain and enhance physical and social health. Strategies to help students manage their thoughts, feelings, and behaviors are key components. Students will explore resources for mental health and suicide prevention.</p> <p>Students will be able to independently use organizational skills and strategies to focus attention by working toward long-term personal and academic goals - classroom academic goals, 4-year planning, registration, promotional credits, etc.</p> <p>PCCS Virtual Calming Room- Provides various supports for students, staff, and parents to navigate emotions, feelings, and behaviors. Accessible 24/7 via school website and <a href="https://sites.google.com/pccharter.org/pccsvirtualcalmingroom/home">https://sites.google.com/pccharter.org/pccsvirtualcalmingroom/home</a></p> <p>PBIS-Positive Behavioral Interventions &amp; Supports <u>Patriot All-Stars</u> (Middle School Program) Strategies will be provided for students to regulate their behavior and emotions each quarter, throughout the school year. Student-centered discipline strategies will be fostered by teaching and modeling self-reflection in the school environment.</p>	<p>2021-2022 High School Health &amp; PE teachers; Health Sciences (CTE) teachers</p> <p>Bunch, Rauch, &amp; Teachers</p> <p>Dana Crowder, MS Counselor, Website Creator</p> <p>David Benfield, Dana Crowder, All middle school grade-level teachers.</p>	
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	<p>Following a multi-tiered level of support, core behavior at the high school focuses on teaching and reinforcing school-wide behavior expectations and procedures, providing positive reinforcements for all students, creating a safe environment for learning.</p> <p>Growth Mindset and Character Ed (Kindness) Posters</p> <p>Train Staff in 6hrs of Mental Health Training</p> <p>Supportive Classroom Environments</p>	<p>Long, Huffstetler, Ballard, HS Counselors, Teachers</p> <p>Huffstetler</p> <p>Social Worker- Amber Morris</p> <p>K-12 Teaching Staff/ Counselors/ Social Worker/ Administration</p>	
<p>SEL and MH prevention Data Evaluation -student data (screening)</p>	<p>School-wide student needs assessment survey.</p> <p>Students With a Goal- which will include character education, mental health awareness, and growth mindset topics</p> <p>Health Education- will cover physical, emotional, and mental health.</p> <p>iReady</p> <p>mClass</p> <p>NC Check Ins</p> <p>MTSS-PLC</p>	<p>Dana Crowder-MS Counselor Timeline- October 15th</p> <p>Middle School- Grade Level Teachers</p> <p>Middle School Teacher- Ciara Leisey</p> <p>Elementary teachers</p> <p>K-3 Teachers</p> <p>Administration/Counselor/Social Worker/ Literacy Coach</p> <p>McMichael &amp; Howe - HS Health/PE, Counselors</p>	<p><a href="#">Create SEL/ MH Data Evaluation Plan</a></p> <p><a href="#">School Mental Health Quality Guide: Screening</a></p> <p><a href="#">MTSS Assessment Guidelines</a></p> <p>SEL Training</p> <p>Support Inc</p> <p>Mental Health Referrals</p> <p>School Counselor Referrals</p> <p>Teacher Resources</p>



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	<p>Mental health awareness, growth mindset topics, and physical, emotional and mental health covered in Health/PE.</p> <p>Goal Setting/Growth Mindset/Academic Counseling - # of credits to graduate and/or be promote</p> <p>USA Test Prep (Core Subjects)</p> <p>Biology &amp; NC Math I NC Check-In's</p> <p>On/Off Track Graduate - Grade Level Promotion</p> <p>HS School-wide Discipline Report</p> <p>HS Counselor Referrals and Office Referrals</p> <p>Attendance</p>	<p>CTE courses, Credit Recovery, Counseling &amp; MTSS sessions</p> <p>High School Core Teachers</p> <p>Biology &amp; NC Math I teachers</p> <p>Counselors, Huffstetler, Ballard, Maxon, Long</p> <p>Huffstetler &amp; Ballard</p> <p>Administration &amp; Counselors</p> <p>HS Teachers/Administration/School Social Worker</p>	
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## System of Interventions for SEL and Mental Health

Content & Time	Action Items/Status	Person(s) responsible & Timeline	Helpful Resources
<p><i>Early Intervention</i></p>	<ul style="list-style-type: none"> <li>Identify students who are at risk of developing SEL and/or mental health issues at school</li> <li>Identify students experiencing SEL and/or mental health issues at school</li> <li>Provide intervention for at-risk or struggling students</li> <li>Annually review of crisis intervention</li> </ul>	<p>2021-2022 School Year</p> <p>Administration/Counselors/High School Teachers/School Nurse/School Social Worker</p>	<p><a href="#">MTSS Module 2.4 Develop a Behavior/Social-Emotional and Attendance Component to System of Interventions</a></p> <p>ECATS Early Warning System</p> <p>RTI-Stored</p>



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	<p>policies, practices, and personnel</p> <ul style="list-style-type: none"><li>• Annually review of discipline policies, practices, and personnel</li><li>• Ensure PSU is included in local community emergency preparedness plan</li></ul>		
<i>Treatment, Referral, Re-entry</i>	<ul style="list-style-type: none"><li>• improve access to school-based and community-based services for students and their families</li><li>• improve transitions between and within school and community-based services</li><li>• Formalize protocol for students re-entering school following acute/residential mental health treatment</li></ul>	2021-2022 School Year  School Directors  School Counselors	<a href="#">Resources for Early Intervention and Treatment</a>

### Improvement Plan Review

- Update at each team meeting
- Review quarterly based on evaluation data